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|  | **Elementary PE and Health At a Glance**  **2020-21** | **Estimated Date Range** |
|  | **REVISED FOR FALL 2020 ONLINE LEARNING** |  |
| **Grading Period** | **UNIT** |  |
| **Grading Period 1** |  |  |
| Health Addendum:  COVID best practices and emotional wellness | First Two Weeks – General Activity and  Online Procedures | 8/17-8/28 |
| Health Unit 1: Healthy Relationships &  Conflict Resolution | Unit 1: [K-2 Locomotor Skills](https://fortbend.sharepoint.com/:o:/r/teams/Teaching-Learning/HPE/_layouts/15/WopiFrame.aspx?sourcedoc=%7B0C1474C0-093B-4923-886C-D5970B0A72E1%7D&file=PE%20-%20GrK%20-%202%20-%20Locomotor%20Skills%2C%20Chasing%2C%20Fleeing%20%26%20Dodging&action=default&IsFolder=1&ListId=%7BBEF8F43D-7CB0-44A6-917F-A6BE38FF8FA5%7D&ListItemId=248)  3-5 Locomotor Movement Skills | 8/31- 9/17 |
|  | Unit 2: [K-2 Gym Procedures & Spatial Awareness](https://fortbend.sharepoint.com/:o:/r/teams/Teaching-Learning/HPE/_layouts/15/WopiFrame.aspx?sourcedoc=%7BCFFB1C24-3954-4C7B-9373-8BCE9635CF55%7D&file=PE%20-%20GrK%20-%201%20-%20Gym%20Procedures%20%26%20Spatial%20Awareness&action=default&IsFolder=1&ListId=%7BBEF8F43D-7CB0-44A6-917F-A6BE38FF8FA5%7D&ListItemId=69)  3-5 Gym Procedures & Movement in Dynamic  Situations | 9/21-10/9 |
| **Grading Period 2** |  |  |
| Health Unit 2: Healthy Behaviors and Body Systems | [Unit 3: Fitness Activities](https://fortbend.sharepoint.com/teams/Teaching-Learning/HPE/_layouts/15/WopiFrame.aspx?sourcedoc=%7bc6888f30-25b8-43a9-b399-005e2ea70746%7d&action=edit&wd=target%28Course%20Outline.one%7Ca1f9eaaf-4f69-41f2-9463-81c086ec30ea%2FCourse%20Outline%7C05cdde4c-897d-4231-949a-ddb68ddc4b40%2F%29)  (Option – Pre-FitnessGram Testing/Training) | 10/12-11/3 |
|  | [Unit 4: Throwing and Catching](https://fortbend.sharepoint.com/teams/Teaching-Learning/HPE/_layouts/15/WopiFrame.aspx?sourcedoc=%7b4fe9d23f-bee2-40ab-907f-7e95d36b31e1%7d&action=edit&wd=target%28Course%20Outline.one%7C96878ca6-3bea-4c55-a5db-63379ca0e669%2FCourse%20Outline%7C05cdde4c-897d-4231-949a-ddb68ddc4b40%2F%29) | 11/4-11/20 |
|  | [Unit 5: Striking and Volleying](https://fortbend.sharepoint.com/teams/Teaching-Learning/HPE/_layouts/15/WopiFrame.aspx?sourcedoc=%7b0fb2f129-cdcf-4d13-a7a6-8f6d6a81d8a5%7d&action=edit&wd=target%28Course%20Outline.one%7Cc8db0bc4-3726-41e2-be30-923517809de8%2FCourse%20Outline%7C05cdde4c-897d-4231-949a-ddb68ddc4b40%2F%29) | 11/30-12/18 |
| **Grading Period**  **3** |  |  |
| Health Unit 3: Healthy Decisions | [Unit 6: Educational Dance and Gymnastics](https://fortbend.sharepoint.com/:o:/r/teams/Teaching-Learning/HPE/Shared%20Documents/Kinder/PE%20-%20GrK%20-%206%20-%20Educational%20Dance%20and%20Gymnastics?d=w50aea706c46a4247a285464bca2ab11a&csf=1&e=DJaFhy) | 1/6-1/22 |
|  | [Unit 7: Jumping and Landing](https://fortbend.sharepoint.com/:o:/r/teams/Teaching-Learning/HPE/Shared%20Documents/Kinder/PE%20-%20GrK%20-%207%20-%20Jumping%20and%20Landing?d=wfd49f8f3afd444f7a517f811049c11a5&csf=1&e=w8iDiV) | 1/25-2/16 |
|  | [Unit 8: K-2 Fitness Activities](https://fortbend.sharepoint.com/:o:/r/teams/Teaching-Learning/HPE/Shared%20Documents/Kinder/PE%20-%20GrK%20-%208%20-%20Fitness%20Activities?d=w87bb0f908ee54ab395eb886771579809&csf=1&e=y5smWx)  Health Unit 4: Nutrition  3-5 Fitnessgram Testing  *(Pacer, Curl-Ups, Flexed Arm-Hang, Trunk Lift, Shoulder Stretch Right & Left)* | 2/17-3/12 |
| **Grading Period**  **4** |  |  |
| Health Unit 4: Nutrition | [Unit](https://fortbend.sharepoint.com/:o:/r/teams/Teaching-Learning/HPE/Shared%20Documents/Kinder/PE%20-%20GrK%20-%209%20-%20Dribbling%20and%20Passing?d=w164cf20d91b64a37853b536235e98abf&csf=1&e=mng3d2) 9: [Dribbling and Passing](https://fortbend.sharepoint.com/:o:/r/teams/Teaching-Learning/HPE/Shared%20Documents/Kinder/PE%20-%20GrK%20-%209%20-%20Dribbling%20and%20Passing?d=w164cf20d91b64a37853b536235e98abf&csf=1&e=mng3d2) | 3/22-4/16  (extra week for missed learning from spring 2020) |
|  | **Fitness Gram Data Due**  This is not confirmed as of Aug. 2020 |  |
| Health Unit 5: Summer Safety | [Unit 10: Cooperative and Recreational Games](https://fortbend.sharepoint.com/:o:/r/teams/Teaching-Learning/HPE/Shared%20Documents/Kinder/PE%20-%20GrK%20-%2010%20-%20Cooperative%20and%20Recreational%20Games?d=w30be561ac93f46088ec00ea2b73c6e90&csf=1&e=aTQKWM) | 4/20-5/26 |
|  | \*Skate 101, DrumFit, Skillastics, First Tee, Fuel Up to Play 60 or Jump Rope for Heart may be used during any unit due to equipment availability.    \*Field Trips, Field Day, Campus Performances/Parties, and STAAR Testing may alter this schedule. |  |